

Stephanie Ellis, MSc OT, OT Reg (Ont.)

Stephanie Ellis, is an Occupational Therapist who has woven her career around a profound commitment to working in allyship to center and uplift the voices and lived experiences of autistic children and youth. With over 25 years of experience in cross-sectoral pediatric practice settings, Stephanie's conviction in coaching as a catalyst for change harmonizes with her broader mission, empowering autistic children and youth through their own lived experiences, while affirming their identities, strengths, and aspirations. Her commitment extends further as she champions equity, anti-oppressive and specifically champions anti-ablest practice. Her approach seeks to enable professionals to recognize the transformative impact of occupation, coaching and anti-ablest practice. Through her work, she exemplifies how centering equity, embracing coaching and believing in the potential and power of occupation can create the ripple of transformational change. This ripple effect resonates deeply with the spirit of the land she calls home as a settler on Turtle Island, where she lives with her partner and three children on Treaty 19 lands.



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